



Cure JM Family Conference-Texas

Join over 50 other Cure JM families and some of the world's leading JM doctors for a spirited day of sharing and connecting with families, physicians, and researchers. Families will learn about the latest juvenile myositis research and treatments, while connecting with others.

Brought to you by the Cure JM Clinical Care Network

Saturday

March 2, 2024

9:30am - 4:00pm CST

Dell Children's Medical Center
Signe Auditorium
4900 Mueller Blvd
Austin, TX 78723



For more Information contact:
lauren.alvord@curejm.org

Cure JM



Conference Agenda

9:30-10:00

Registration and Welcome. Parents will check in kids and teens for their activities.



10:00-10:20

Opening Remarks

Brent Hauser, Director, Cure JM Board

Brent Hauser

10:20-10:50

First-Line Treatments and Why They Are Important

Dr. MaiLan Nguyen, Texas Children's Hospital

Understand the protocols for first-line treatments, the most important things to discuss with your doctor, what side effects might occur, and how to best manage them.



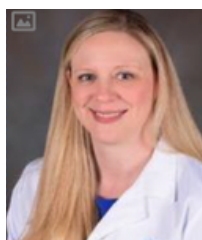
Dr. MaiLan Nguyen

10:50-11:20

Second-Line Treatments and What You Need to Know

Dr. Julie Fuller, Scottish Rite for Children

Learn about the common second-line treatments, when and why they're necessary, what to expect, and some practical advice and answers to commonly asked questions.



Dr. Fuller

11:30-12:00

Panel Q&A with All Attending Doctors

Moderated by Tim Shelby and Julie Houpt, Cure JM Board

Doctors will answer audience questions on topics of interest including nutrition, tapering medication, and new research on the horizon.



Julie Houpt



Tim Shelby

12:00-1:00

Lunch and Social Hour

Agenda Continued



1:00-1:30

Exercise and Nutrition

Dr. Vy Do, Dell Children's Medical Center

Learn vital information about how exercise and nutrition help manage JM. What works? What should parents watch for? Obtain practical tips and techniques you can use immediately.

Dr. Vy Do



1:30-2:00

Common JM Labs and What They Mean

Dr. Ruy Carrasco, Children's Neurology Consultants of Austin

Dr. Ruy Carrasco will help us understand what labs measure, how families can use labs as a tool in their child's care, and new and emerging tools that can be useful in determining the effectiveness of different treatment plans.

Dr. Ruy Carrasco



2:00-2:30

Transition from Pediatric to Adult Care

Dr. Ankur Kamdar, UT Physicians, Texas Medical Center

Learn strategies for parents or caregivers to aid JM kids transitioning from pediatric to adult care. The transition aims to optimize health and assist youth in reaching their full potential and may begin with patients beginning to take an age-appropriate role in their care as early as the tween years.

Dr. Ankur Kamdar

2:40-3:00

Teens and Child Perspective: A Q&A led by Teens

Teens and young adults will share their experiences growing up with JM, share what they want parents to know, and answer questions. This is one of our most popular sessions.



3:00-3:45

The Importance of Research & Clinical Trials

Dr. Andrew Heaton, Cure JM, Chief Scientific Officer

Hear about the latest JM research and clinical trials. Learn how they can change the future from diagnosis to treatments, with fewer side effects and better results.

Dr. Andrew Heaton



3:45

Closing Remarks

Julie Houpt, Cure JM Board

Julie will wrap up the event and share about upcoming events across Texas.

Julie Houpt

Bring the Whole Family!

Supervised activities for children and teens, including siblings, will take place in separate rooms. We are planning art activities, games, a magician, and more to entertain kids.

Teens can enjoy a fun social time with other teens and young adults.





RSVP to attend

<https://CureJMTexas.eventbrite.com>

or scan the QR code



**Brought to you by
the generosity of :**

**The
Costigan Family
Foundation**



**The
Bertsch Family
Charitable Foundation**

